# **Homeopathy Remedies**

# What is Homeopathy and How Can Our Animals Benefit from Homeopathic Remedies or Nosodes

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"The introduction of homeopathy forced the old school doctor to stir around and learn something of a rational nature about his business. You may honestly feel grateful that homeopathy survived the attempts of allopaths (the orthodox physicians) to destroy it."

Mark Twain

Homeopathy is a system of therapies developed by Samuel Hahanmann. It is based upon the "law of similars" or "likes are cured by likes" ("Similia Similibus Curentur") which holds, as its philosophy, that there is a medicinal substance found, mostly in nature, which can evoke certain symptom, in a healthy individual or animal, that may be effective in the treatment of illness having symptoms similar, or closely resembling those produced by the substance.

Homeopathy is a scientific system of health care which activates or stimulates the body's own healing process in order to cure disease naturally, gently, and promptly. Homeopathy utilizes a variety of mineral, plant and animal substances, including some snake venoms, in vary small doses, to stimulate the body's natural healing powers and abilities in order to bring it back to balance. The human and animal body has many complex health–maintaining defensive mechanisms. The immune system is an essential part of these, but other factors also have a role to play. If these mechanisms fail, then we sustain damage or illness, which then have to be repaired or healed. Homeopathy works by stimulating both the health maintaining and the repair mechanisms.

Homeopathy is a safe and effective, with no side effects. It is "medicine" as a whole, which in its purest form treats each patient (human or animal) as an individual. Its principles differ from those of conventional medicine, as does its approach to the patient and to the concept of ill health. However, it cannot replace all other forms of health care. It can be used as the treatment of first choice in a wide range of conditions and can be a useful addition, or "complement" in other situations, for example, to support good recovery after operations, or to mitigate the side effects of vaccines.

Homeopathic remedies, correctly chosen, are capable of affecting a cure for acute symptoms as well as deep emotional or personal concerns. Thus with higher potencies and professional guidance, you can use homeopathy to treat individuals (humans and animals) whose life has somehow driven them to ill health, or disease. The remedy selection and dosage is critical, just as certain things in nature can, in susceptible individuals, cause constipation, headaches, rashes, hay—fever, allergies, pains etc. so can those very things stimulate a natural healing response, both acute and manifest, to bring about healing.

Homeopathy is well over 200 years old and has been experiencing a comeback as people search for alternative ways to heal themselves and their animals, in a more natural and less costly manner. There

are now hundreds of books written on homeopathy, for professional and lay people alike. The books vary from small handbooks to multi volumes, from acute to chronic diseases, and from veterinary medicine to human medicine, and more. Earth Song Ranch has some recommendations for books on homeopathy on its web site, under Links and Recommended Reading.

# What is a Remedy, Where Does it Come From, and How is it Made:

Homeopathic remedies were discovered by Dr. Samuel Hahnemann over 200 years ago. Dr. Hahnemann was a medical translator (because he abhorred the barbaric treatment patients received at the hands of physicians) who, when translating a treatise by a learned physician of the day, took issue with a sentence that stated that the curative effect of quinine when used to treat malaria, was because of its bitter properties. Dr. Hahnemann reasoned that if quinine cured malaria, what would happen if quinine were taken (if the patient were not ill) for several days. He formulated an experiment, and performed it on himself and found that after several days of ingesting the quinine, he developed the symptoms of malaria (not being in an endemic area for malaria and not having been exposed to malaria). He then reasoned that if the quinine could give the symptoms of the disease to a well person, a person could quite possibly be cured if given minute amounts of the quinine. This was the start of homeopathy.

Homeopathic remedies may be prepared from the animal, vegetable, and mineral kingdoms. They are always diluted and succussed. Dilution is when a substance, when added to grain alcohol and allowed to age for a time appropriate to the density of the substance (for a leaf—one hour: for bark or a dense substance—a month) is diluted 10, 100, or 1,000 times. For example, when a dilution of 10 is used the designation is an X, when a dilution of 100 is used, the designation is a C, and when a dilution of 1,000 is used, the designation is an M. Dilutions may be made any number of times, but the most common are 6,12, 30, and 200. If a substance is diluted 1 to a 100 just 2 times, the dilution is then 1:10,000, 3 times, then the dilution is 1:1,000,000.

The strength of the homeopathic process comes when the dilution is combined with a succussion process; that is the vial containing the diluted substance is struck against an object that has a resiliency or bounce back—in olden times a leather bound book was used, today a rubber mat or even one's own hand may be used. The succussion is performed up to one hundred times for each dilution. With repeated dilution and succussion, the homeopathic remedy is strengthened even though the number of molecules in the remedy decreases and after 12 dilutions, no physical evidence of the original substance remains (no molecules); only the energetic portion of the substance remains. This is the basis of homeopathics— "an energetic remedy" that cures, based on the symptoms that the physical substance would produce if given to a healthy person.

## **Veterinary Homeopathy**

In veterinary medicine, homeopathics are used for both acute and chronic ailments. Acute ailments include snake bites, bee stings, vomiting, diarrhea, distemper, Parvo, West Nile, EPM, colic, joint ill in foals (ephyisitis), and any other ailment that comes on suddenly or acutely, possibly combined with a fever. Homeopathy is also useful in treating chronic ailments such as recurring ear or urinary infections, hot spots or just the itch, arthritis, bladder stones, chronic hepatitis or nephritis, or even diabetes.

The most commonly used dilution in veterinary homeopathy is 6c & 30c, for horses it could also be in the 1M strength—i.e., 6c is the mother tincture diluted 6 times by a factor of 100. However, there are other dilutions used by Homeopathic Physicians and Veterinarians for which a prescription is/would be necessary.

Remedies are most often dispensed in a palatable sugar tablet or pill form, with some dispensed in liquid forms, or some in a topically used cream form. There are also combination formulas for injuries that work very well, and are recommended for, as well as widely used on horses as well as humans; one example is ARR (Arnica, Ruta, and Rhu Tox), used for injury including stifle pulls.

Examples of acute treatments are the use of Nux Vomica for colic, Apis for joint ill or any lesion that resembles a honey bee sting, the use of Aconite and the West Nile Nosode for the treatment of West Nile, and the use of Hypericum and Ledum for any type of puncture wound.

Veterinary medicine also uses Nosodes in place of vaccines. Traditional vaccines can and do cause immune deficiencies and reactions in our animals, they are also known to be toxic to some animals due to the chemical delivery systems they use to administer the actual "vaccine", wherein Nosodes assist the animal to build up a resistance to the disease and boost their immune responses naturally.

Examples of treatment of chronic diseases with homeopathics would be the use of a homeopathic remedy, whose use was decided based on 3 or more very solid symptoms called keynote symptoms, and then verified by researching the most likely remedy. After giving the remedy to the patient, it must be decided in the next 2–3 weeks if any change or improvement occurs, and if no change or improvement has occurred, then a new remedy must be considered. If improvement has occurred, then the patient or client must wait till all improvement has stopped or plateaued out, and then must consider which remedy should follow or find a new remedy. The time interval in between remedies may be as little as a month or as long as 3 months.

Examples of homeopathics that are readily available and can help tremendously in everyday situations:

Arnica – a remedy that is used for any kind of trauma–physical, emotional, and mental. When given to effect, even old bruises will resolve more quickly. I routinely advise the use of Arnica in my practice after any kind of trauma (Dr. Wessner never recommends the use of bute, Banamine, or any kind of pain killer because these drugs remove inflammation without resolving the underlying situation), after any surgery, both for the pain and bruising, but also as a replacement for antibiotics. The results are quite gratifying.

Examples: If you get kicked or stepped on by a horse and your first reaction is to take a pain killer so you can continue your day's work; instead you remember to take arnica every 15 minutes for the first hour and then 3 times per day for a couple of days, and you discover that not only is the pain disappearing, but the bruises are rapidly disappearing. In just a few days the whole problem is resolved without the use of the painkillers.

*Hypericum and Ledum* – these two remedies are used alternatively for any kind of puncture wounds – a hypodermic injection that has had a reaction, a nail or fish hook puncture, and yes, even snake bites. I have seen 3 cases of cottonmouth snakebites resolved with only the use of these 2 remedies – even I was impressed that no anti–serum, fluids, hospitalization or any type of western medicine was used to treat these cases.

The literature also states that this combination is useful in preventing tetanus in unvaccinated individuals, because the remedies prevent the spores of tetanus from traveling up the nerves to the brain.

For horses with laminitis and founder there are also some very useful homeopathics that can not only help with the pain but also circulatory issues, abcesses, and stress.

#### What is a Nosode

Nosodes are really homeopathic "immunizations" as opposed to "vaccinations". They are made the very same way as a homeopathic remedy, by dilution, and succussion, except they are made from the "discharges" when an organism (animal or human) gets sick. For example, a distemper Nosode is made from the nasal discharge from an infected dog, a Parvo Nosode is made from the diarrhea of an infected animal, and the EPM Nosode is made from the spinal cord of an EPM positive horse.

Secretions from an infected animal are serially diluted and succussed 30 times to give the Nosode its energy so it can protect the body from disease. Protection is different from that caused by vaccines in that detectable antibodies are not directly attributed to the Nosode, but to the exposure to the disease. Nosodes are available for all species and can be prepared in just hours instead of years for vaccines. Nosodes are extremely safe as no chemical preservatives or live viruses or bacteria are present.

Nosodes have been used for over a hundred years in homeopathy and have an excellent track record. All dog diseases can be controlled or eliminated by using Nosodes for distemper, Parvo, Bordatella, Para–influenza, Leptospirosis, Adenovirys, corona and rabies. In cats the distemper, FIV, FIP, Leukemia, and other Nosodes are available.

In Horses the flu, Rhino, EWT (Eastern and Western Encephalitis, Tetanus), West Nile, Strangles, EPM (Equine Protozoal Myelitis) and Herpes (Pneumobort) are available and quite effective.

For the past nine years Dr. Wessener has been using Nosodes in his practice as a replacement for vaccines and the results have surpassed his wildest dreams. Not only are the diseases controlled, as good or better than the vaccines, but also no reactions, either acute or chronic are seen.

To clarify the foregoing statement, much of Dr. Wessner's practice is counseling people, in person, and on the phone to all parts of the country, on the proper protocols for their pets and horses for the effects of over–vaccination and vaccination reactions. He also teaches a weeklong course on Acute Homeopathy for Animals.

Many itchy, arthritic, allergic, chronically infected ears and many other canine problems have their roots in over vaccination. In horses, over vaccination, over use of anti-biotics, chemical fly sprays and wormers cause many horses to succumb to EPM, Herpes, Uveitis, and autoimmune diseases not seen 50 years ago before this became a "common" practice.

There has also become an increase in the number of "itchy" horses that have been subjected to the over use of vaccines and the over use of chemicals, including wormers (monthly paste and daily) and fly sprays. With all the over–vaccinations, worming and strong chemical fly sprays it also makes them unable to recover from or over–come laminitis and founder.

What is a Nosode 4

It is interesting to note, once these problems are addressed homeopathically, and Nosodes are substituted for vaccines, and herbal wormers are used monthly in place of the chemical pastes and gels; with chemical wormers only used when absolutely necessary, these problems are cured and for the most part never re—occur.

# What Nosodes are Available from The Holistic Vet Clinic and Earth Song Ranch:

#### **Horses**

In the horse, Nosodes are available for all the common diseases: Flu, Rhino, Eastern & Western Encephalitis, Tetanus, Strangles, Potomac Horse Fever, Botulism, West Nile Fever, Herpes, & EPM.

And Pigeon Fever will be available in the late Spring or Early Summer of 2005.

### **Dogs**

In the dog world the Nosodes most commonly used are: Distemper, Parvo, Botulism, & Rabies. The Para–influenza, Corona, Lepto, Lymes are also available but used to a lesser extent.

#### Cats

For cats we have Distemper, FIV, FIP, Leukemia and Rabies.

At the Holistic Vet Clinic, Dr. Wessner recommends using the 30C dilution and after the first month's protocol, recommends using the Nosodes on a monthly basis. As with all over—the—counter medications, nothing in this website is meant to replace the advice of your health care provider or veterinarian.

### The Nosode Protocol is as follows:

*Horses* – 15 pills or 3 sprays on gums, once per month, after the initial dosing protocol\*.

**Dogs & cats** – 5–10 pills on gums, once per month, after the initial dosing protocol\*.

\*Nosode regimen: Give once daily for 3 days, then once per week for 4 weeks, then once per month thereafter.

Directions for giving pills ((Nosodes):

NOTE: Keep all Nosodes and homeopathics out of direct sunlight.

"There are many stereotypes about homeopathy, many erroneous ideas distorting its purpose, its potential and its limits. Among these stereotypes is the notion that homeopathy is a fixed, unchanging therapy, which is obviously not true. Homeopathy is evolving, (it is dynamic energetic medicine, it is vibration medicine, it is physics), thanks to the impetus and work of the thousands of physicians, scientists, university scholars, and laboratories who are constantly questioning our knowledge, in

order to improve the effectiveness of these medicines&Any debate that attempts to set up an opposition between homeopathy and "classical" medicine is today outmoded. Putting aside any parochial feelings, we have to promote medicine as a whole, scientific and humane medicine, open to scientific and technical progress just as much as to listening to the person who is ill, a medicine devoted to promoting to the greatest extent possible each patient's healing potential rather than too systematically using aggressive, coercive means that weaken the natural defenses of the organism; a medicine that does not consider disease an enemy to be defeated, but rather a manifestation of a dysfunction to be discovered and palliated, with the close cooperation of the patient; a medicine that favors preventive measures based on nutrition as well as on hygiene and healthy living in general... This is the fertile soil in which homeopathy has germinated, grown and will naturally flourish due to the results it provides compared to other therapeutic means..." Boiron Homeopathics

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