Sunny’s Story: A Cure for Cushing’s
by Louisa Barton

About three years ago, Sundance, (a.k.a. Sunny), who at the time was 26 years old, started exhibiting some outward signs of metabolic problems. Fat deposits started to develop on his body, including the crest of the neck, a large fat deposit on his rump, and his shoulder area was very swollen, as if he had been swung by a whole hive of bees. It was so swollen it looked as though you could pop it with a pin.

More noticeably, he began to urinate a lot, so much that he was giving all the signs and had almost every symptom of pituitary pars intermedia dysfunction (PPID), or what is commonly known as ‘Cushing’s’.

Within a few weeks, Barton noticed that Sunny ‘brightened up’, he wanted to come out, be turned out, and do more. She started to lightly ride him in the arena. She also noticed that, with the changes that were made to diet, including adding probiotics and digestive enzymes, Sunny seemed to be absorbing more of the dac vitamin supplements he had already been on for quite some time. He just supplement, which was added again after a month or so on his new program, seemed to be helping more as well.

The caregiver also changed from giving the usual chemical dewormers every six weeks to having fecal counts performed by her vet, quarterly and only then giving Sunny an herbal dewormer (if needed) in place of a chemical.

He was given Prascend®. In addition, he was given a prescription for Prozac®.

The test came back at a very high 293. High-normal on the ACTH for a horse is 35; so Sunny’s results were in the utmost, almost ten times the normal level. With all the other symptoms that Sunny had, his blood test in hand indicated that he was indeed suffering from Cushing’s. Given the results, we wanted to make him comfortable, so he was given a prescription for Prascend®.

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After four months on the new feeding and herbal program, seeing all the visual changes to his body, the caregiver then decided to have his bloodwork redone and make sure he was maintaining a safe ACTH level. She called the same meaning ring-to-get done for the ACTH level recheck. The result was 27! Barton shared the story of taking her horse off the chemicals and changing his diet with the results being a healthier horse with her vet, one of the few cure signs of Cushing’s, one she could argue and, now and work blood work showing her horse no longer had an ACTH of 293 but of only 27.

So from a high of 293, to a low of 27, the vet told Barton her horse could no longer be diagnosed as a ‘Cushing’s’ horse.

Louisa has said, and continues to tell her listening audience, “I will continue to use the Earth Song Ranch products that have been so effective, the herbs the probiotics, the enzymes, and will continue to provide him with the Crypto-Aero, so perfect for horses with metabolic issues. My hope is that Sunny can continue to live out a happy and long life. I have owned Sunny for 23 years and I am eternally indebted to Jessica Lynn at Earth Song Ranch for her help and her advice. She has provided what has become the cure that Sunny and the Cushing’s disorder he was diagnosed with and has given a new lease on life back to the ‘love of my life!’

I hope this story spreads to all corners of the globe, so that others who have horses with metabolic disorders or the diagnosis of PPID (Cushing’s) can get help too, in a more natural way, and have hope and know that there are many herbs available to help Cushing’s/ metabolic horses. If necessary diet changes are made, horses are given more exercise, a more natural approach is taken in regards to horse health, they can also be helped.

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Results Recap/Timeline

ACTH Levels

Before 293 (High-normal is 35)
After 27

Symptoms

Excessive urination

Results Recap/Timeline

Before 293 (High-normal is 35)
After 27

Symptoms

Odd pattern of hair growth and length, Fat deposits, Creepy neck, Sweaty sheath, Excessive urination

Diet

High sugar, concentrated

Low sugar

Treatment Timeline:

Cushing’s: Diagnosis: end of 2014 beginning of 2015
ACTH Levels: 293 (High-normal is 35)
Prescription Duration – Prized for 1 year – with no positive results

Natural Herbal Approach: Probiotics & Digestive Enzymes et al – Duration – Cushing’s Support

Results: Normal, Cushing’s Free

Cushing’s: Metabolic Support Kit – Earth Song Ranch

Earth Song Ranch’s natural herbal Cushing’s protocol is available as a kit and includes:

2 lbs Cushing’s/IR/Metabolic Herbal Support
2 lbs Kelp
2 lbs Chelan Tree Berry Tea
3.5 lbs Equine-Zyme Digestive Enzymes & Pro-Probiotics

EQUINE HEALTH